

2013 - 2014 Annual Report

FISCAL YEAR ENDING MARCH 31, 2014



Story of a Grateful Client

While most of our clients come to Loaves & Fishes during our food distribution hours, a lesser known aspect of our work is the 185 clients we deliver to each month – many elderly or disabled.

Peggy is one of these clients. Peggy, a quiet, but straight-talking woman of 58, lives at Crescent Hall, an apartment complex for low-income residents. Beginning in 2007, she struggled with severe pain in her legs from an unknown cause, until finally being diagnosed with extremely poor circulation. Her circulation problems eventually led to the amputation of her leg in 2009, followed by numerous additional complications. This year, Peggy additionally began suffering from COPD, and seizures. Despite all this, Peggy has an extremely positive outlook.

"I can do a lot of things for myself," she said. "I can do the dishes, get in and out of bed, cook and clean, but I can't move things."

"The food from the pantry has really helped me a lot," Peggy said. If you are thinking about giving or volunteering at the pantry, Peggy advises: "Go ahead and do it, because it really is helpful."

Peggy is not alone. A 2013 study by the USDA* found that 1/3 of households that have an adult who is not able to work due to a disability are food insecure, which means they may skip meals or may have to make trade-offs between basic expenses such as food and rent or utilities. This is where Loaves & Fishes is able to help – by supplementing other benefits like food stamps and disability income, we help people like Peggy stretch their food budgets further.

Greetings from the Executive Director

Last year at this time, I was just hitting the ground at Loaves & Fishes as our first full-time Executive Director. It's been a busy and successful year for us at the Pantry. We experienced tremendous growth this year, sustaining a 37% increase in the number of households coming to us for grocery assistance.

Our Major Accomplishments during the year included:

- Providing groceries to an average of 5,084 individuals in 1,457 households per month, compared to an average of 1,064 households per month last year;
- Expanding our food distribution hours to include Wednesday afternoons in addition to Saturday mornings, and Tuesday and Thursday evenings;
- Distributing over 1.3 million pounds of food to low-income families in the Charlottesville area;
- Increasing fresh and frozen foods, including produce, meats and dairy, to be more than 1/3 of the food we distributed during the fiscal year;
- Drafting our Strategic Plan to cover the next two years;
- Expanding food pick-ups to include Giant Foods twice per week, Panera Bread and Kroger weekly, and other area grocery stores periodically;
- Adding Madison House to our volunteer partners;
- Adding Peace Lutheran Church as a member organization.



While such dramatic growth has brought fresh challenges, it is gratifying to be able to help so many of our neighbors in need. Behind these statistics

Continued on page 2

* USDA. *Disability Is an Important Risk Factor for Food Insecurity*. Retrieved July 23, 2014 from <http://www.ers.usda.gov/amber-waves/2013-may/disability-is-an-important-risk-factor-for-food-insecurity.aspx#.U72HLRa4mll>

are the real-life stories of hundreds of families struggling in our community. Together, with your help, we have lightened the load for many neighbors facing economic challenges. On the front page, we've included a story about Peggy, one of our clients who participates in our food delivery program. To the right are a few more testimonials we've received from clients. I pass them on as a small sample of the gratitude expressed by our clients. Your generosity has made it possible to help so many. Together with you, we are **Neighbors Nourishing Neighbors!**

Margaret McNett Burruss
Executive Director

Loaves & Fishes helps me make it. With 3 children and 1 job, I need some help! Thank you L&F for making it a little more bearable.

Loaves & Fishes, you have helped my household through. We thank you.

Loaves & Fishes helped my family a lot in so many ways. Thank God for help in this world.

I think Loaves & Fishes is wonderful for people who don't have enough to eat, for them to give from the kindness of their hearts!

Loaves & Fishes



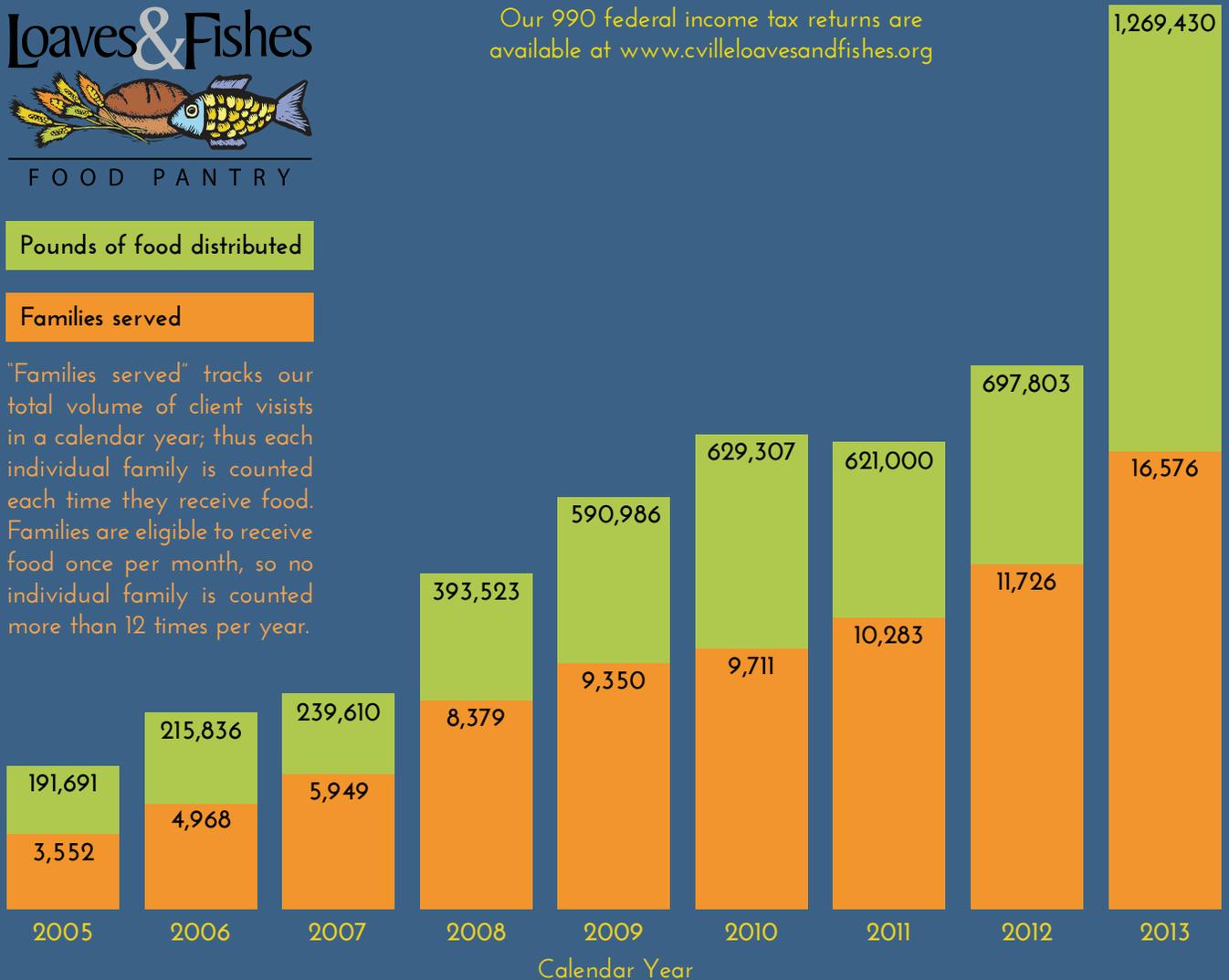
FOOD PANTRY

Pounds of food distributed

Families served

"Families served" tracks our total volume of client visits in a calendar year; thus each individual family is counted each time they receive food. Families are eligible to receive food once per month, so no individual family is counted more than 12 times per year.

Our 990 federal income tax returns are available at www.cvilleloavesandfishes.org



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Cadette Girl Scout Troop 120

Encouraging and nurturing volunteerism is a big part of Loaves & Fishes' mission. We particularly encourage young people to volunteer and learn about giving back to our community in the hope that it will become a life-long habit.

This Troop of 7th-grade girls decided to do a project called "Feed the People" to work towards the Girl Scout Silver Award. The major focus of their project has been volunteering at Loaves & Fishes, where they have helped with food distributions at least once per month during the past year. In addition, they picked over 400 pounds of apples last Fall to donate to the Pantry, and conducted a peanut butter food drive at Henley Middle School that collected 149 jars. Peanut butter was selected because it is a kid favorite and about 40% of the people Loaves & Fishes serves are children.

As you can see from their own words on the right, these twelve and thirteen year-olds have learned much through volunteering at

L&F about the benefit of community service; they serve as great role models for the rest of us!



Before volunteering at L&F, I didn't realize how big an issue hunger is here in Charlottesville, or that just a few hours of [volunteering] each month could really change how a family lived for the next few weeks. Now whenever I meet a client at L&F I don't see them as someone who needs help, but someone I can help – and it's amazing how great it feels to see somebody smile. – CM

I love volunteering at Loaves and Fishes because helping out (with friends) is really fun. Volunteering makes me feel like I'm making a difference in the hunger problems of Charlottesville. – RB

Volunteering at Loaves & Fishes means working together with friends to help make the world a better place. – AD



I like to go to Loaves & Fishes because I like to interact with the people that go there and I enjoy helping people get the food that they need. – MM

I like going to Loaves and Fishes because I feel that it is what God is calling me to do to make a difference in our community. Every time that I go, I feel that I am making a difference in people's lives. – CA

My favorite part about volunteering at Loaves & Fishes is interacting with the clients, especially the children. I have learned throughout my experiences the value of helping those around me and I learned how many people in our community are hungry. – AC

Loaves and Fishes is a great place to spend time helping your community. The environment is very friendly, and everyone [volunteering] there seems to be enjoying themselves. Even though there are a lot of differences between everyone who works at Loaves & Fishes, we have all come together to help combat hunger, and that is what makes it such a unique experience. – DRK

I have been blessed with financial security and don't have to worry about feeding my family or myself. It's important for me to be aware of how difficult life can be for people and to do something about it.

I support Loaves and Fishes with my time and financial gifts so I can make life a little less difficult for those in need.

"To those whom much is given, much is expected."

– John F. Kennedy.

This says it all for me.
Susan Wells Sargeant
Donor, Vice-chair



Our Mission

To give food with kindness and compassion to those seeking assistance while providing an opportunity for volunteers to serve their neighbors in Charlottesville and surrounding communities.



Loaves & Fishes

FOOD PANTRY

P.O. Box 8001

Charlottesville, VA 22906

ONLINE AT

www.cvilleloavesandfishes.org

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Loaves & Fishes Food Pantry, Inc.

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CvilleLoaves



Neighbors Nourishing Neighbors



NOURISHING *through* GENEROSITY

Fiscal Year 2013-2014

Loaves & Fishes Food Pantry, Inc. greatly appreciates the generosity of its donors.

Your support is critical to our mission!

COMMUNITY PARTNERS

Our community partners support us all year with donations of food, shopping bags and other supplies.

Better Living

Blue Ridge Area Food Bank

Giant Food

Hunters for the Hungry

Kroger

Panera Bread

Relay Foods

Society of Saint Andrews

Whole Foods

BUILDER'S CIRCLE

CAPSTONE DONORS (\$10,000 and up)

Community Endowment Fund in the
Charlottesville Area Community Foundation (CACF)
The Richard and Leslie Gilliam Foundation
Susan Wells Sargeant

KEYSTONE DONORS (\$5,000 – 9,999)

Rebecca & Christopher Allison
Jim & Kathy Berlin
Jane & Bill Clarke
First United Methodist Church*
Kroger Cares Program

Richard L. & Julia G. Nunley
Osen-Hunter Foundation
Caroline Nunley Satira
Wells Fargo Foundation

CORNERSTONE DONORS (\$1,000 – 4,999)

David & Carolyn Beach Fund in CACF
Blue Ridge Church of Christ*
R. Craig & Margaret M. Burruss
Charlottesville Rotary Club*
Jerry & Juli Denney
GE Foundation
Giant Foods
Bill Hall
Martha B. Kraus Charitable Fund
Rebecca & Brad Lamb
Bill & Nancy May Charitable Fund

Elmore & Arvilla May Charitable Fund
William H. Millick
Lang & Latham Murray Charitable Fund
Peace Lutheran Church*
David Pedrick & ElizaBeth McCay
Perry Foundation, Inc.
Sedona Taphouse of Charlottesville
Hu & Ann Shaffer
Shaw Family Charitable Fund
Anonymous Donor

* Individuals whose donations were made through this organization are not listed separately here, but we greatly appreciate their contribution.

FOUNDATION DONORS (\$500 – 999)

Edward & Joyce Allison
Ann E. Muir Living Trust
Scott & Susan Barker
Maurya B. Batten

Robert & Helen Landel
Liberty Worship Center*
UVA Physicians Group*

FRIENDS OF THE PANTRY (up to \$499)

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Caroline Anderson
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William Baskerville
David Bates & Shirley Fleishman
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Virginia L. Syptak
Margaret & Michael Van Yahres
Timothy Wedge & Andrea Zechman
Steven Weiskircher
James & Sharon Wilson
Dawne Young
Anonymous Donors



Because of the Pantry's ability to purchase groceries at discounted rates, every \$2 of your contribution fills a shopping cart for a family in need.

THANK YOU!

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DONATE ♦ VOLUNTEER ♦ LEARN MORE
www.cvilleloavesandfishes.org

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